

# Improving Outcomes for an Aging Population: Alzheimer's Treatment in Long Term Care

## Resources for Stage B Interventions/Action Plans

Below is a list of resources and activities available to long-term care facilities and clinicians, for implementation as part of Stage B. Please select the education to include in action plans based on what is most relevant to your needs, and the actions that you feel will be most helpful in achieving the goals identified. This is not a comprehensive list of resources or interventions available for Stage B; you may determine other education or action plan components that are more relevant based on your specific quality goals.

Examples of strategies for action plan include:

- Implementation of a follow-up screening protocol
- Implementation of a QoL re-assessment and review of resident's care plan
- Review/assessment of reasons for resident restraint use, and implementation of environmental changes as appropriate
- Development of transition of care plans for moving AD patients into the LTC setting
- Intended changes in the use of assessment tools and coordination of care communication
- Recognition/identification of barriers to medication adherence based on patient profiles created
- Establishment of cross-checks to protect against poor patient follow-up

ACTION PLAN RESOURCES	DETAILS
<b>National Plan to Address Alzheimer's Disease</b>	Available at: <a href="http://aspe.hhs.gov/daltcp/napa/NatlPlan.pdf">http://aspe.hhs.gov/daltcp/napa/NatlPlan.pdf</a>
<b>Dementia Performance Measurement Set</b>	Available at: <a href="http://www.aan.com/practice/quality-measures/all-measures/">http://www.aan.com/practice/quality-measures/all-measures/</a>
<b>2013 Alzheimer's Disease Facts and Figures</b>	Available at: <a href="http://www.alz.org/downloads/facts_figures_2012.pdf">http://www.alz.org/downloads/facts_figures_2012.pdf</a>  Alzheimer's Association <i>2013 Alzheimer's Disease Facts and Figures</i> brochure is accessible on page above.
<b>Review of 2011 NIA-AA recommendations</b>	Jack CR, et al. Introduction to the recommendations from the National Institute on Aging-Alzheimer's Association workgroups on diagnostic guidelines for Alzheimer's disease. <i>Alzheimers Dement.</i> 2011;7(3)257-262.  Available for free at: <a href="http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3096735/">http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3096735/</a>

<b>Review of 2011 NIA-AA recommendations</b>	<p>Sperling RA, et al. Toward defining the preclinical stages of Alzheimer’s disease: Recommendations from the National Institute on Aging-Alzheimer’s Association workgroups on diagnostic guidelines. <i>Alzheimers Dement</i>. 2011;7(3)280-292.</p> <p>Available for free at: <a href="http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3220946/">http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3220946/</a></p>
<b>Review of 2011 NIA-AA recommendations</b>	<p>McKhann GM, et al. The diagnosis of dementia due to Alzheimer’s disease: Recommendations from the National Institute on Aging-Alzheimer’s Association workgroups on diagnostic guidelines for Alzheimer’s disease. 2011;7(3)263-269.</p> <p>Available for free at: <a href="http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3312024/">http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3312024/</a></p>
<b>Review of Clinical Practice Guidelines</b>	<p>Practice Guideline for the Treatment of Patients with Alzheimer’s disease and Other Dementias.</p> <p>Available at: <a href="http://psychiatryonline.org/content.aspx?bookid=28&amp;sectionid=1679489">http://psychiatryonline.org/content.aspx?bookid=28&amp;sectionid=1679489</a></p>
<b>Implementation of Practice</b>	<p>Medicaid Managed Long Term Care for People with Alzheimer’s Disease and Other Dementias.</p> <p>Available at: <a href="http://www.alz.org/national/documents/medicaidmanagedltcpolicybrief.pdf">http://www.alz.org/national/documents/medicaidmanagedltcpolicybrief.pdf</a></p>
<b>Review of additional CME activity</b>	<p>American Academy of Family Physicians. Alzheimer’s Disease.</p> <p>Available at:  <a href="http://www.aafp.org/dam/AAFP/documents/cme/neurological/Bulletin-AD.pdf">http://www.aafp.org/dam/AAFP/documents/cme/neurological/Bulletin-AD.pdf</a></p> <p>Adapted or reprinted with permission from Alzheimer's Disease: New Research and Treatment Indications for Family Physicians, May , 2011, Vol 10, No 1, Continuing Medical Education Copyright © 2011 American Academy of Family Physicians. All Rights Reserved.</p>

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